

Need health advice without an appointment? Go to your **pharmacy first**

Pharmacists in Tower Hamlets can now give advice and treatment on a range of minor health problems for FREE.

These include

headache
cold
sore throat
fever
hay fever
constipation

mouth ulcers
indigestion
athletes foot
head lice
diarrhoea
thrush

bites and stings
contact dermatitis
back pain
cough
teething
sprains and strains

All you need to do is **register once** with reception staff at your GP surgery. They will give you a special voucher which you can take to your local participating pharmacy **to receive treatment without waiting for an appointment.**

If you do not normally pay a **prescription charge** pharmacists will be able to provide you with medicine for minor conditions **for free.**

If you are not exempt from prescription charges you will pay the normal fee to the pharmacists or buy the medicine if they are cheaper.



**To find out more about
pharmacy first, talk to
your pharmacist or the
receptionist at your GP
surgery today!**

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Frequently Asked Questions

◆What treatment will be available on the scheme?

The pharmacy first scheme covers a range of short-term drug treatments. You can see your pharmacist up to twice for most conditions in the scheme. The pharmacist may need to refer you back to your GP if more treatment is necessary. If appropriate, the pharmacist will supply you with medicine. This medicine is only for you. It may not be the right medicine for other people, even if they have the same symptoms.

◆What do I have to do next?

You need to go to your GP surgery to get a voucher for the scheme. You will only need to do this the first time you use the scheme. Take this voucher to your local pharmacy. You will then be registered at this pharmacy for advice and treatment whenever you need it. Next time, you will need to go to the same pharmacy that you registered with.

◆Will I need an appointment to see the pharmacist?

One of the great things about this scheme is that you do not need an appointment to see the pharmacist. You can just pop in when you need to.

◆What will the pharmacist ask?

The pharmacist will ask you about your symptoms in order to give the right advice. You will be asked about any other medication you might be taking. Everything you say to the pharmacist is confidential.

Please note, you need to be registered with a GP in Tower Hamlets to access this scheme.